

Home kidney testing service

Your eligible patients will receive a Minuteful Kidney test kit to perform their annual urine Albumin-to-Creatinine ratio (ACR) test from home.

This leaflet provides answers to questions that Receptionists may be asked about the service.



How the service works:

1

Your practice identifies eligible patients and share the list with the Minuteful Kidney team

2

Patients are informed of the service via SMS/letter, then receive a Minuteful Kidney test kit by post to their home

3

Patients perform the test at home using the smartphone app. The Minuteful Kidney team are available to support patients directly

4

Once the test is complete, patient results are automatically sent to the GP and an appropriate follow-up will be organised if required



FAQs

Below are the answers to some frequently asked questions that the patients may ask

● **What is an ACR test?**

An albumin to creatinine ratio (ACR) test looks for particles of protein in the urine called albumin. The presence of these particles may suggest first signs of kidney damage. The ACR test is one of the annual care processes that people with diabetes and/or high blood pressure should receive.

● **Am I eligible for this service?**

Yes, only eligible patients will receive the at-home test. The practice will already have advised patients via SMS or letter to expect to be contacted by the MinuteFul Kidney team. Reassure the patient that only those who have been identified as suitable for the service will receive a MinuteFul Kidney test. This is because an annual urinary ACR test is an important part of managing their long-term condition.

● **Is the test safe and/or accurate?**

The test is completely safe and clinically accurate. It is completed from the convenience of their home (no need to come into the clinic), and the results are only shared with their GP practice. The service complies with all relevant legislation and the 'MinuteFul - kidney test' app has been approved by NHS England.

● **I don't have a smartphone - what do I do?**

If they have access to a smartphone via a relative, friend, neighbour or carer, then they can carry out the test this way. If not, the practice will be in touch to organise their urine test.

● **What do I do with my results?**

Once they have completed the test at home using their smartphone app, their results are automatically sent to the practice. There is no need to come to the surgery, their GP will contact them if follow-up is needed.

● **What does my abnormal/high abnormal result mean?**

This means the ACR test has detected protein in the urine. Reassure the patient not to worry, and let them know the GP will follow up as appropriate.

● **How do I complete the test?**

Advise the patient to open the MinuteFul Kidney test kit where they can find instructions to download the 'MinuteFul - kidney test' app on their smartphone. Here they will find the in-app virtual nurse Emily who will explain how to complete the test, step-by-step.

For any additional questions on completing the test or how to use the app, please direct patients to the MinuteFul Kidney patient support team on: **020 7183 7939** or: support-uk@minute-ful-kidney.com. Patients can also use the in-app chat function.