

## **MYCOPHENOLATE MOFETIL**

It is an immunosuppressant drug

It is used to prevent rejection of organs including heart, kidney and liver following a transplantation.

This medication is usually started and prescribed by a Specialist, the transfer of prescriptions is not always transferred to the GP as it requires close monitoring.

### **Monitoring**

If your medication is prescribed by the GP, you will be required to have regular blood test monitoring to ensure their optimum safety.

These blood tests are every 12 weeks and are comprised of a Full Blood Count (FBC), a Liver Function Test (LFT) and a Kidney Function Test (U&E).

### **Side Effects**

You should tell your doctor or nurse specialist straight away if you develop any of the following after starting mycophenolate:

- A sore throat, fever or any other signs of infection
- Unexplained bruising or bleeding
- Yellowing of the skin or eyes (this is known as jaundice)
- Any new symptoms that concern you

### **Pregnancy and Breastfeeding**

Mycophenolate is not safe to take whilst pregnant or breastfeeding.

Mycophenolate can cause birth defects in the unborn baby of mothers who are, or have recently been, taking mycophenolate.

Women must use two methods of effective contraception during treatment and for 6 weeks after stopping.

Men are advised to discuss the latest advice around mycophenolate and fathering children with their consultant.

If you are planning to become pregnant while you are taking mycophenolate, you should discuss this with your doctor.

<https://www.enherts-tr.nhs.uk/wp-content/uploads/2020/05/Mycophenolate-Therapy-V2-07.2023-web.pdf>

<https://www.enherts-tr.nhs.uk/wp-content/uploads/2019/10/Mycophenolate-Products-Important-safety-information-V3-07.2023-web.pdf>